

POLAR IGNITE 2

FITNESS WATCH

Confidence in action

When the ups and downs of life take us off our stride, the confidence to feel good and live healthy comes from everyday decisions. Polar Ignite 2 makes personalized data clear and simple so that healthy habits are easy to develop and fun to stick to.



KEY BENEFITS

Stay true to your style

Polar Ignite 2 looks and feels good 24/7.

Customize the look

A wristband with real crystals? Or perhaps a different watch face? You decide.

Fitness watch essentials

Make the most of your workouts with advanced wrist-based heart rate & integrated GPS

Long battery life & Power save options

Up to 5 days in watch mode, or up to 20 hours of continuous training time (up to 100 hours with power save options).

Nightly Recharge™ Recovery Measurement

Big dreams need good sleep! Learn how well your body recovers during the night.

Workouts that work for you

Your daily FitSpark™ workouts match your recovery and readiness.

Running program

Crush your running goals with a personalized and adaptive training plan

Control music on your watch

Easily navigate around your playlist and adjust volume straight on your watch.

Stay connected

Push notifications from your phone make sure you never miss a beat.

Weather

Prepare for the elements with weather info & forecasts.

Serene™ Breathing Exercise

Relax your body and calm down your mind with the help of deep breathing.

Weekly Summary

Easy access to your weekly workout stats, history and plans, straight on your watch

Energy Sources

See how your body uses different energy sources during a training session.

POLAR FLOW

Witness your data come alive

Discover Polar Flow, the ultimate training platform that breathes life into all your data. With extensive training analysis tools, an automatic training diary, progress reports and much more, Polar Flow will help you achieve your training goals.

POLAR IGNITE 2 VS. POLAR IGNITE

WHAT'S NEW



Power save options

Up to 100 hours of continuous training time



HR sensor mode



Music controls



Weather



Weekly Summary



Energy Sources

IN THE BOX

Polar Ignite 2 fitness watch

Wristbands (two size options included)

Charging cable

Polar Ignite 2 user manual

Information note



TECH SPECS

Measurements

43 x 43 x 8.5 mm

Weight

35 g with wristband, 21 g without wristband.

Display

Gesture-activated color touch display (IPS TFT) with ambient light sensor (ALS). Always-on option in training mode. Resolution 240x204. Dragontrail glass lens.

Battery

165 mAh Li-pol battery. Battery life up to 20 h in training mode (GPS and wrist-based heart rate) or up to 5 days in watch mode with continuous heart rate tracking. The multiple power save options boost the battery life all the way up to 100 hours.

Materials

Glass fiber reinforced polymer case. Stainless steel bezel & button.

Wristbands

Silicone, Stainless steel buckle.

Sizing

Wrist circumference 130-210 mm

Two wristband size options included in the package.

GPS

Integrated GPS, GLONASS, Galileo, QZSS. Assisted GPS for fast fix times.

Connectivity

Bluetooth Low Energy (BLE). Custom USB cable for charging and data synchronization

Watch

Time & date. Alarm with snooze. Stopwatch & countdown timer.

UI languages

English, German, French, Italian, Dutch, Norwegian, Spanish, Portuguese, Swedish, Finnish, Danish, Polish, Russian, Turkish, Indonesian, Czech, Japanese, Chinese (simplified)

Sensors

Compatible with Polar BLE heart rate sensors.

Water resistance

Water resistant 30 m (ISO 22810, suitable for swimming)

Standalone mode

Can be set up and used without other devices or connections (limited memory capacity for data storage). To access all features, functionalities and unlimited cloud storage, connect your watch to Polar Flow, our free app and web service and the home of your sports and fitness data.