

WITHINGS

BODY CARDIO

CLINICALLY TESTED



Heart Health & Body Composition Wi-Fi Smart Scale

Developed with cardiologists and included in several validation studies with renowned hospitals in the EU & in the US, Body Cardio is the first smart scale to provide a cardiovascular check-up in less than 30 seconds, from the comfort of your home.

It delivers ultra-precise weight, body composition (body fat, water %, muscle & bone mass) and syncs with the free Health Mate app to display your trends and help you reach your health goals.

And unlike many smart scales, with Wi-Fi sync, you don't have to have your phone with you during weigh-in to synchronize your data.

VITAL PARAMETERS

- Weight
- BMI
- Full body composition
- Vascular age
- Standing heart rate

SIMPLE & SMART

- Patented positioning aid technology: Position Control™
- Automatic recognition: up to 8 users
- Rechargeable battery: up to 1 year
- Pregnancy Tracker & baby mode
- Athlete mode
- Free Health Mate app
- Automatic Wi-Fi & Bluetooth® sync

Price (MSRP)

149.95\$

Get more information at www.withings.com

Features

NEW VASCULAR AGE

Monitor the health of arteries with Vascular Age, a key metric to give a clearer picture of your heart's health. If your vascular age is assessed as significantly greater than your chronological age, you may be more at risk of developing vascular disease later in life.

STANDING HEART RATE

Provides standing heart rate at every weigh-in so you can track the evolution of your heart rate over time, a good indicator of overall cardiovascular fitness.

FULL BODY COMPOSITION

Monitors body composition: weight (kg, lb, st lb), BMI, total body fat and water percentage, plus muscle and bone mass.

LIFE-FRIENDLY FEATURES

Localized weather forecast during weigh-in on scale's display and previous day's steps.

SEAMLESS WI-FI & BLUETOOTH SYNC

Data syncs automatically with the free Health Mate app via Wi-Fi & Bluetooth, where you can set goals, view trends and get extra motivation (iOS & Android™).

MULTI-USER FRIENDLY

Recognizes and tracks up to 8 users independently.

ACCURACY UP TO 0.2 lbs

Get accurate measurements on all surfaces via Position Control technology, a patented positioning aid technology.

PREGNANCY TRACKER & BABY MODE

Get support during pregnancy with obstetrician-reviewed wellness advice and personalized weight tracking, and accurately weigh even the smallest member of your family using baby mode.

Technical facts

MATERIALS

- Large, high-strength tempered glass platform
- Flat aluminum base
- Ultra-slim design

DIMENSIONS

12.8 x 12.8 x 0.7 in / 327 x 327 x 18 mm

DISPLAY

- Large, easy-on-the-eyes graphical display 6 x 4 cm (2.4 x 1.6 in), 128x64 pixels
- High-contrast lighting
- Weight units: kg, lb, st lb

SENSORS

- Four weight sensors
- Weighing range: 5 -> 180kg (9 -> 396 lb)
- Patented body position detector via Position Control technology for highly accurate weighing
- 100g (0.2 lb) graduation

BODY COMPOSITION

- Bioelectrical Impedance Analysis (BIA)
- Athlete and non-athlete mode
- Unit: body fat %, total body water %, muscle mass kg, bone mass kg

HEART RATE

- Patented heart rate measurement technology
- Unit: bpm (beats per minute)

VASCULAR AGE

- Unit: age range

POWER SUPPLY

- Rechargeable Li-ion battery
- Average battery life: up to 1 year per charge

DAILY WEATHER AND ACTIVITY REPORT

Works when scale is installed on a Wi-Fi network when used with a compatible tracker or if Health Mate in-app step tracking is activated.

STORAGE AND MEMORY

- Free and unlimited online storage of weight readings
- Stores up to 16 readings if scale cannot sync wirelessly

CONNECTIVITY

- Wi-Fi 802.11 b/g/n, compatible with WEP/WPA/WPA2-personal networks
- Bluetooth connectivity (Bluetooth Smart Ready)

COMPATIBILITY

- iPhone, iPad, or iPod touch with iOS 12 or later, or Android device with OS version 7 or later
- Cannot be set up from a computer

APP

- Health Mate app for iOS or Android: iOS 12 (or higher), Android 7 (or higher)
- Health Mate Web dashboard
- 100+ compatible apps and services

BOX CONTENT

- Body Cardio
- USB cable
- Quick Start Guide (English, French, German, Italian, Spanish)